



ARIZONA STATE JUNIOR ROWING CHAMPIONSHIP

Saturday April 23rd, 2005
Tempe Town Lake Marina



READY ALL, for the inaugural Arizona State Junior Rowing Championship. This regatta is destined to become the place where Arizona Junior rowers come to test their skills and strength against their peers. The regatta will be held at Tempe Town Lake Marina on Saturday April 23rd, 2005 from 9:00 to Noon.

Entries: Registration closes on April 19th, 2005. Entries received after April 19th will only be accepted based on lane availability and will incur a late fee as noted in the Team Information Form. Registration is not considered complete until all of the following information has been delivered to the regatta director.

- Team Information Form
- Open Weight Team Roster
- Lightweight Team Roster
- City of Tempe waiver for each athlete
- US Rowing waiver for each athlete

Send Entries to:
Attn: Joe O'Connor
Regatta Entries
3500 South Rural Road
Tempe, AZ 85282

Eligibility: The regatta is open to any Junior athlete who is a member of a rowing group that is an organizational member of USRA. A Junior is a competitor who in the current calendar year does not attain the age of 19, or who is and has been continuously enrolled in a secondary education program as a full time student seeking a diploma. A Junior competitor thus ceases to be a Junior after December 31 of the year of his or her 18th birthday, or in the year in which he or she completes the 12th grade of a secondary education program, having been a full time student.

Additional Information: For additional information or questions please contact Joe O'Connor at 480-350-8034 or via e-mail joe_o'connor@tempe.gov.

Event Schedule: Events run on 15 minute centers. Competitors must allow at least 30 minutes between races unless prior arrangements have been made with the dockmaster and registrar. The event schedule is subject to change depending upon the number of entries received. The Regatta Committee retains the exclusive right to alter or amend the race schedule as deemed necessary.

Preliminary Race Schedule

Event #	Event Name	Start Time
1	Men's Novice 4+	9:00 AM
2	Women's Novice 8+	9:15 AM
3	Reserved	9:30 AM
4	Women's Junior Varsity 8+	9:45 AM
5	Men's Varsity 4+	10:00 AM
6	Women's Varsity 8+	10:15 AM
7	Reserved	10:30 AM
8	Women's Novice 4+	10:45 AM
9	Men's 2x	11:00 AM
10	Women's Lightweight 4+	11:15 AM
11	Men's Novice 8+	11:30 AM
12	Women's Varsity 4+	11:45 AM
13	Men's Varsity 8+	12:00 Noon
	AWARD CEREMONY AT THE MARINA	12:30 PM

Check in: All coaches must check in Friday April 22nd between 5:30 PM and 6:30 PM at the Tempe Town Lake Operations Center (See Tempe Town Lake Area Map).

Coach/Coxswains Meeting: The coxswains' meeting will be held at 8:00 am at the Tempe Town Lake Marina covered enclosure (see provided map).

Bow Numbers: All crews are responsible for their own bow numbers.

Dock Usage: All competing boats shall depart from the designated Tempe Town Lake Marina docks and proceed from there to the starting point of the race. All boats will undergo a safety inspection prior to launching that includes integrity of bow ball, heel tie, proper bow number, and coxswain compartment of bow-coxed shells. Two-minute dock time will be enforced.

Hot-Seating of Boats: Boats that are to change crews immediately upon arrival at the docks are considered hot-seating boats. The dockmaster must be notified of all hot-seating boats before the first boat goes out for its race. Outgoing hot-seat crews must be waiting at the docks for their boat, and the hot-seat boat must stay on the dock and use the oars already in the boats. The 2-minute dock time applies to hot seating boats.

Lightweight Rowers: Lightweight men shall weigh no more than 155 lbs, and lightweight women shall weigh no more than 130 lbs. There will be no averaging of weights in team boats. The weigh-in will be conducted at the Tempe Town Lake Operations Center (See Tempe Town Lake Area Map) from 5:30 pm to 6:30 pm on Friday April 22nd. During the weigh-in process athletes shall wear no less than their racing uniform. Lightweight rowers will be given wrist bands when they make weight and must wear these wristbands for all lightweight events. **NO WEIGH-INS WILL BE CONDUCTED THE DAY OF THE EVENT!**

Novice Classification: Novice events are open to rowers in their first year of junior competition. (The novice year began June 1, 2004 and will end May 31, 2005.) Thus, a rower is not considered a Novice if he or she has rowed in any regatta, anywhere, prior to June 1, 2004. A rower, who has a maximum of one year racing experience as a coxswain, is eligible to row as a Novice. Crews entered in Novice events shall include only Novice rowers and Novice coxswains.

Scratches: The regatta committee strongly encourages coaches to notify the registrar with any changes to their entries prior to 9:00 am on the race day. A "No Show Deposit" has been included in the entry package. This deposit will be returned to each organization if all of their crews arrive at the start line in time for their race based on the registrar's schedule as of 9:00 am on the day of the race.

Substitutions: Substitutions of registered athletes, with waivers on file, are accepted within events for which they are qualified. Regatta officials do not need to be notified of substitutions.

Duplicate Entries: The Regatta Committee is not responsible for detection of duplicate entries. Please coordinate with your club, as entry fees for duplicate entries will not be refunded.

Protests and Dispute Resolution: All protests follow USRA rules. Please consult the USRA Rules of Rowing for the details on protesting. As a reminder, all protests involving the conduct of a race shall be lodged by the crew at the finish while it is still on the water unless directed otherwise by the Head Referee. For each protest, a crew representative must submit a protest statement along with \$25. The \$25 deposit will be returned only if the protest is upheld. The regatta officials are consulted on all protest decisions. All questions of eligibility, qualifications, and interpretation of the rules shall be referred to the Regatta Committee, whose decisions shall be final.

Penalties: Violations of the course lanes, late arrivals at the starting blocks, false starts, late departures from the dock, excessive time on the docks, and other violations may result in time penalties or disqualifications. Penalties are at the discretion of the regatta officials. If choosing to dispute an official ruling, please follow the procedures as stated in the protest section.

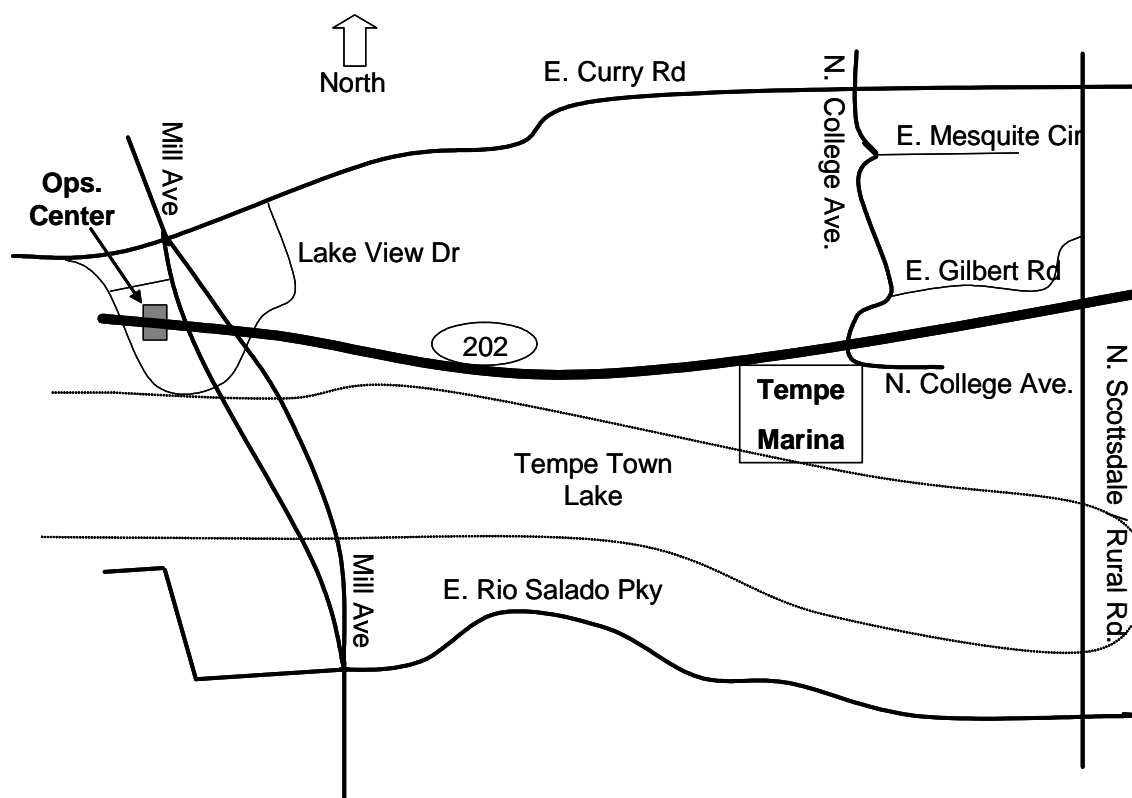
On-Time Arrival: Regatta officials may prohibit boats that are late to the starting line from competing. The dockmaster may prohibit boats from leaving the dock that will not make the starting line in time for their race.

USRA Rules: Except as noted, this regatta follows the rules of USRA. The US rowing rule Book is the ultimate source for all rulings.

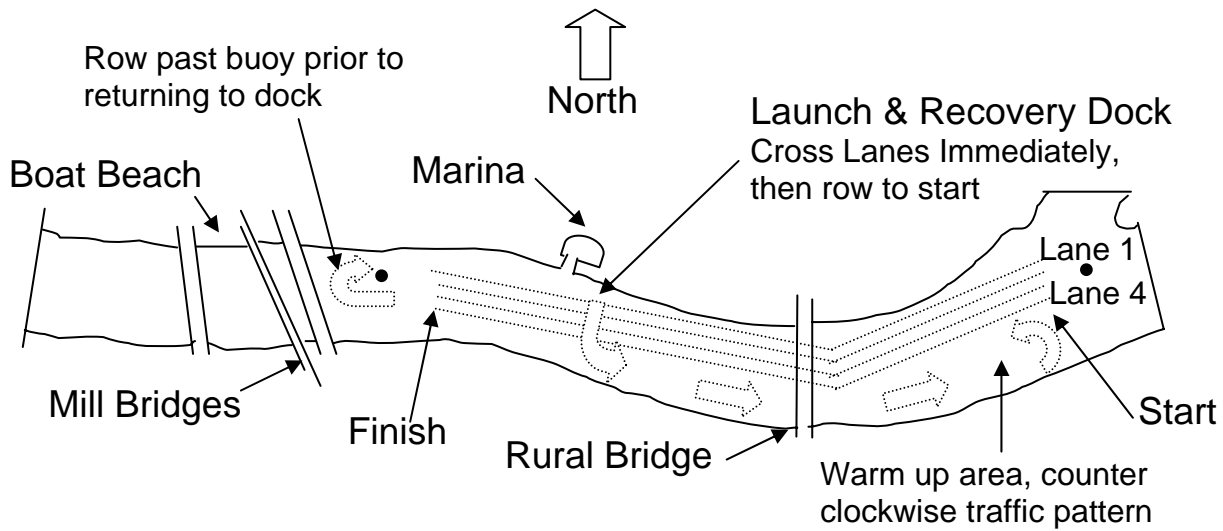
Awards: Medals will be awarded for first place in each event and certain sponsored events will be awarded perpetual trophies. The award ceremony will be conducted at the marina approximately 30 minutes after the conclusion of racing. Men's and Women's team points will be calculated based on the table below (similar to the guidelines used by USRowing).

Event	1 st Place Points	# of boats in event	Percentage of 1 st place points		
			2 nd	3 rd	4 th
2-, 2x	15	2	20%		
4+, 4x	20	3	40%	20%	
8+	30	4	60%	30%	5%

Tempe Town Lake Area Map

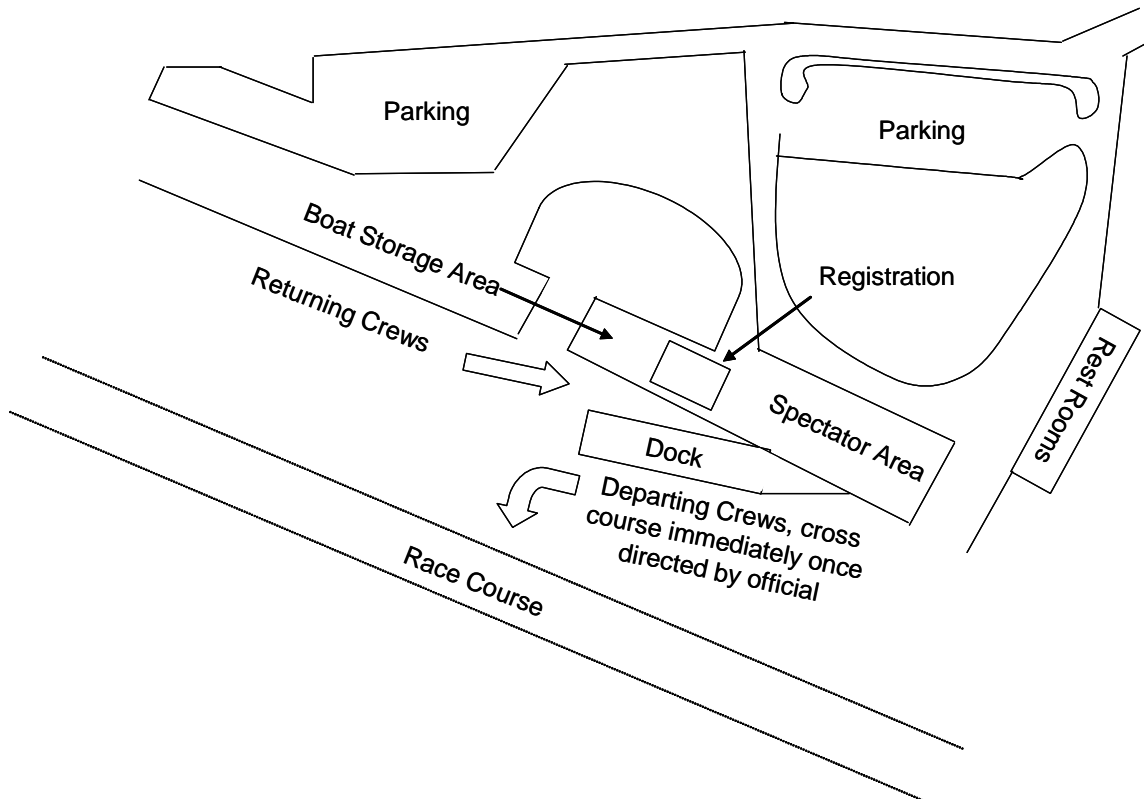


Lake Diagram



Note: This figure is not an accurate diagram of the race course

Marina Diagram





TEAM INFORMATION FORM
ARIZONA STATE JUNIOR ROWING CHAMPIONSHIP
Saturday April 23rd, 2005
Tempe Town Lake Marina



Organization Information

Name of Organization: _____

Name of Coach: _____

Coach's Home Phone #: _____

Coach's e-mail: _____

Coach's Cell Phone #: _____

Please include contact information for the person responsible for your organizations regatta registration, if different than the coach:

Registration Contact _____

Reg. Contact Phone #: _____

Reg. Contact e-mail: _____

Reg. Contact Cell Phone #: _____

Entry Summary (List All Entries)

Event #	Event Name	Boat Name

Fee Summary

Send Entries & Fees to:

Attn: Joe O'Connor
Regatta Entries
3500 South Rural Road
Tempe, AZ 85282

Make Checks Payable to:
City of Tempe

On Time Entries			
# of Entries	Event	Cost Per Entry	Total
	2x	\$ 35	
	4+	\$ 50	
	8+	\$ 80	
TOTAL =			
Separate no show deposit check			\$50

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Release of Liability

IN CONSIDERATION of being given the opportunity to participate in any USRowing activity, including scheduled, supervised club activities, and registered regattas, during the policy term 12/31/04 – 12/31/05, I, for myself, my personal representatives, assigns, heirs, and next of kin.

1. ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such Activity.

2. FULLY UNDERSTAND that: (a.) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death (“Risks”); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasee named below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of USRowing and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.

4. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, the Regatta, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasee or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim, to the fullest extent permitted by law.



I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant/USRowing #: _____

Address: _____

CITY _____ **STATE** _____ **ZIP** _____
Phone: _____ **Date:** _____

Participant's Signature: _____

Organization: _____

PARENTAL CONSENT

(if participant is under the age of 18).

AND I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasee, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim, to the fullest extent permitted by law.

Printed Name of Parent/Guardian: _____

Address: _____

City _____ **State** _____ **Zip** _____
Phone: _____ **Date:** _____

Parent/Guardian Signature (only if participant is under the age of 18): _____

This is THE USRowing Release of Liability, which should be copied for your use.